Airway Checklist	Medication	Dosing	Common Dose (~70kg)
This should be placed on every airway box and video laryngoscope and	Adjunctive Medications		
each resident/attending/RT will have a copy. Review with team before	Glycopyrrolate	0.004mg/kg IV/IM	0.2mg
EVERY airway intervention.	, , ,		•
Review Pulse Ox, BP, pH: can these be optimized prior to intubation? Positioning: RAMP up (ear to sternal notch), bed height, reverse t- burg Evaluate airway: LEMON and feel cric landmarks Pre-ox: NC/NRB (crank up) / consider NIPPV	Ideally given 30m prior to RSI for full effects		
	Pre-Medications		
	Fentanyl	1-3mcg/kg IV	150mcg
	Atropine	0.01mg/kg IV	0.5mg
	Midazolam	0.05mg/kg IV	3-5mg IV
Apneic Ox: NC cranked up ( <b>not</b> ETCO2 NC) and patent airway during	De-fasciulating	0.1mg/kg IV	5-10mg IV
procedure	rocuronium	J. J	-
ETCO2 on BVM + PEEP valve Consider NGT/OGT	Sedation		
	Etomidate	0.3mg/kg IV	20mg IV
Suction (x2 if anticipated heavy contamination)	Ketamine	1-2mg/kg IV	100-150mg IV
2 Nasal and Oral airways		3-5mg/kg IM	G
Laryngoscope for DL in room (Check that light works)	Midazolam	0.05-0.2 mg/kg	5-10mg IV
VL in room and plugged in		IV/IM	
Tube/stylette – check cuff with syringe. Tube straight to cuff	Propofol	1.5-2.5 mg/kg IV	100-200mg IV
BOUGIE in room	Paralytics		
LMA (or intubating LMA) available in room	Succinylcholine	1.5mg/kg IV	100mg IV
Scalpel and 6-0 tube available for surgical airway	,	2-3mg/kg IM	200mg IM
Medications:	Rocuronium	1.2mg/kg IV	100mg IV
Pre-treatment: consider fentanyl, glycopyrrolate, Zofran	Vecuronium	0.15-0.25mg/kg IV	15mg IV
Sedative/paralytic	Vecuronium	U.13-U.23IIIg/kg IV	TOILIG IV
Post-intubation sedation/analgesia			

Thanks to @seebelcher236 & @bronksi\_EM

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# Airway Checklist

#### Indications for intubation Failure to protect airway

- Failure to oxygenate or ventilate
- Anticipated clinical course
  - o Deterioration, transport, procedures, impending airway compromise

<u>Difficult Airway Assessments</u> **LEMON** (difficult DL): look externally, evaluate 3-2-2, Mallampati, Obstruction/Obesity,

MOANS (difficult BVM): Mask seal, Obstruction/Obesity, Aged, No teeth, Stiff (increased ventilatory pressures—asthma, COPD, ARDS, pregnancy)

SHORT (difficult cric): Surgery, Hematoma, Obstruction/Obesity, Radiation, Tumor

- Hemodynamics: optimize BP prior to intubation; use pressors/push-dose pressors
- $\bullet$  Oxygenation: optimize prior to intubation; goal SpO2 >92% prior to attempt
- $\bullet$  pH: avoid intubation of severely acidotic pts, risk of death w/o respiratory drive, if necessary intubate quickly with best intubator; high RR on vent

### Push-dose Epi

- in a 10mL syringe, add 9mL of 0.9% saline
- Into this syringe, draw up 1mL of 0.1mg/mL (100mcg/mL) epinephrine
- Agitate this syringe
- Label "Epinephrine 10mcg/mL"
- Dose 0.5-2.0mL q1-5min

#### Pre-oxygenation Pearls

- Pre-oxygenate with NIPPV, NRB at 15+ lpm, or BVM with NC at 15+ lpm for apneic oxygenation
- $\bullet \ \, \text{Consider positioning; patients oxygenate better upright; consider ramp} \\$
- Consider adjuncts including NPA/OPA for anticipated difficult BVM
- Consider NIPPV; especially in severely hypoxic or shunt physiology
- Consider Delayed Sequence Intubation if combative or altered

### **Delayed Sequence Intubation**

- Procedural sedation for pre-oxygenation in combative or altered patients
- 1. 1-2 mg/kg IV ketamine
- 2. Pre-oxygenate with NC + NRB/NIPPV/BVM with PEEP
- 3. Paralyze then intubate

### Awake Intubation

- For patients who are spontaneous breathing with an urgent (but not emergent) anticipated difficult intubation, ie angioedema, facial trauma, known malignancy
- Pretreatment with 0.2mg gylcopyrrolate or 0.01mg/kg atropine, 4mg Zofran
- Nebulized lidocaine at 5L/min with 4mL 4% or 8mL 2%
- Viscous lidocaine applied to posterior pharynx and tongue with tongue depressor • Pre-oxygenate and position
- Ketamine dissociative dose at 1-2mg/kg IV or alternatively 20mg aliquots at subdissociative dosing
- Do not paralyze until endotracheal track is secured.

## Tube Failure DOPES

Displacement: check tube with quantitative or qualitative capnography, manually visualize Obstruction: check for kinks, biting, suction length of tube Pneumothorax: US for bilateral lung sliding, CXR

Equipment: disconnect from vent, BVM Stacking: check vent settings, pressures, waveforms